

# Criteria Menu #4

**Participate in the American Diabetes Association's School Walk for Diabetes Program or another health related walk.**



**Definition:** School Walk for Diabetes is an educational fundraiser. Students earn money for the American Diabetes Association (ADA) then walk in honor of diabetes and loved ones they know with the disease. A representative from the American Diabetes Association will come to the school to teach students the difference between Type 1 and Type 2 diabetes, the benefits of eating well and staying active, and how they can prevent diabetes. Schools that earn more than \$1,000 will receive 10% back for physical education equipment or school medical supplies.

You may also participate in another health related fundraising walk of your choice.

## Resources

American Diabetes Association

<http://www.diabetes.org/schoolwalk>

Nyna Moore

801-363-3024 ext. 7072

1-888-DIABETES ext. 7072

[nmoore@diabetes.org](mailto:nmoore@diabetes.org)



# Assignments

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## **School Coordinator Assignments**

- Schedule a day to hold the Walk for Diabetes
- Register your school at <http://www.diabetes.org/schoolwalk>
- Advertise and promote Walk for Diabetes
- Help plan the event

## **Mentor Assignments**

- Find local athletes, civic authorities, etc. to support and attend the walk
- Help plan the event
- Make posters/flyers promoting the event
- Attend the Walk for Diabetes
- Write a description for the mid-year and end-year reports



## Criteria Menu #4 Ideas

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- Invite athletes or local authorities to participate
- Use your Gold Medal Mile track for the event
- Have students with diabetes talk about living with diabetes
- Have students dedicate their walk to a friend or family member with diabetes



# School Walk for Diabetes Description Template

A description must include specific details describing how the school completed the criteria. If you are writing a description for criteria that the school achieved in previous years please include a description of what the school is doing **this year** to maintain that level not what they did in previous years.

A Gold Medal Schools description does not require an Intent, Rationale, Reinforcement or the principal's signature. Use this template to write your description (all information is required).

A sample description for this criterion is provided on the next page.

## **The description must include...**

- ☐ Date of the event
- ☐ A description of how the event was promoted
- ☐ A description of what was done on the day of the event



# School Walk for Diabetes Description

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Green Meadow Elementary participated in the American Diabetes Association School Walk for Diabetes on Wednesday April 6. In the weeks prior to the event students were informed about School Walk for Diabetes. The principal spoke with each grade level about the fundraiser and the thank-you rewards they could expect. The school coordinator sent letters to local companies describing the event and asking for donations. The school newsletter contained a section detailing the event to inform parents. A flyer, collection envelopes, and permission forms were sent home with the students to give to their parents. A representative from the ADA came to the event to teach the students about diabetes. The students then walked around the track for the ADA and in honor of loved ones with diabetes.